



# Health Profile

T 1 2 3  
C W S

Today's Date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ Age \_\_\_\_\_ M / F

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home \_\_\_\_\_ Cell \_\_\_\_\_ Carrier (i.e. AT&T) \_\_\_\_\_

Email Address \_\_\_\_\_

## For reminders, do you like texts, email or a phone call? TEXT ME / EMAIL ME / CALL ME

Social Security # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ If a minor, parents SS# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Occupation \_\_\_\_\_ Name of Employer \_\_\_\_\_

Single / Married / Divorced / Widowed Spouse's Name \_\_\_\_\_

Number of Children \_\_\_\_\_ Names, Ages & Gender \_\_\_\_\_

Do you independently make your own financial decisions for your Health Care? Circle Y N

DO YOU HAVE INSURANCE \_\_\_YES\_\_\_NO NAME OF INSURANCE COMPANY \_\_\_\_\_

Who may we thank for referring you? \_\_\_\_\_

## PLEASE LIST YOUR HEALTH CONCERNS BELOW

Health Concerns:	Rate severity 1=mild 10=unbearable	When did it start?	How did it happen?	Did the problem begin with an injury?	Are symptoms constant or on and off?
1. _____	_____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____	_____

What health goals would you like to accomplish through Chiropractic care?

\_\_\_\_\_

IF YOU ARE EXPERIENCING PAIN, IS IT \_\_\_\_\_SHARP or \_\_\_\_\_DULL?

DOES THE PAIN TRAVEL OR RADIATE ANYWHERE? \_\_\_YES\_\_\_ NO

IF IT DOES TRAVEL OR RADIATE, PLEASE DESCRIBE \_\_\_\_\_

SINCE YOUR PROBLEM STARTED, IS IT \_\_\_\_About the same \_\_\_\_ Getting better \_\_\_\_ Getting worse?

WHAT MAKES IT WORSE? \_\_\_\_\_

WHAT HAVE YOU DONE THAT MAKES IT FEEL BETTER? \_\_\_\_\_

HAVE YOU SEEN OTHER DOCTORS FOR THIS CONDITION? \_\_\_\_Chiropractor \_\_\_\_ Medical Doctor \_\_\_\_ Other

LIST SURGICAL OPERATIONS AND YEARS \_\_\_\_\_

LIST ALL MEDICATIONS YOU ARE ON \_\_\_\_\_

WHEN WAS YOUR LAST AUTO ACCIDENT? \_\_\_\_\_

HAVE YOU HAD PREVIOUS CHIROPRACTIC CARE? \_\_\_\_YES \_\_\_\_NO

IF YOU HAVE, DOCTOR'S NAME & DATE \_\_\_\_\_

HAVE YOU EVER BEEN UNCONSCIOUS? \_\_\_\_YES \_\_\_\_NO FRACTURED A BONE? \_\_\_\_YES \_\_\_\_NO

IF YES, PLEASE DESCRIBE \_\_\_\_\_

ANY OTHER BODILY TRAUMA? \_\_\_\_\_

PLEASE CIRCLE ANY CONDITIONS YOU HAVE NOW / HAVE HAD:

STROKE CANCER HEART DISEASE SPINAL SURGERY SEIZURES SPINAL BONE FRACTURE SCOLIOSIS DIABETES

PLEASE CIRCLE ANY AND ALL CURRENT PROBLEMS YOU HAVE HAD IN THE LAST 2 YEARS

- |                 |                   |                  |                    |
|-----------------|-------------------|------------------|--------------------|
| ASTHMA          | ARTHRITIS         | TMJ              | CHRONIC FATIGUE    |
| EPILEPSY        | GASTRIC REFLUX    | HEART DISORDERS  | LUPUS              |
| ULCERS          | SCIATICA          | IRRITABLE BOWEL  | NAUSEA             |
| DIZZINESS       | NUMBNESS IN ARMS  | DISC PROBLEMS    | MENSTRUAL DISORDER |
| KIDNEY PROBLEMS | NUMBNESS IN LEGS  | LIVER DISEASE    | NECK PAIN          |
| HEADACHES       | NUMBNESS IN HANDS | LOW BACK PAIN    | MIGRAINES          |
| VERTIGO         | NUMBNESS IN FEET  | MID BACK PAIN    | STIFFNESS IN NECK  |
| CHEST PAINS     | EAR INFECTIONS    | STOMACH DISORDER | HIP PAIN           |
| ARM PAINS       | GRATING IN NECK   | LEG PAINS        | ANXIETY            |
| NERVOUSNESS     | SHOULDER PAIN     | FAINING          | CHRONIC SINUS      |
| OTHER _____     |                   |                  |                    |

LIST SYMPTOMS/COMPLAINTS IN ORDER OF DISCOMFORT

- |          |          |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

## FAMILY HEALTH HISTORY

THIS FORM IS TO ASSIST THE DOCTORS BY PROVIDING PAST HEALTH HISTORY INFORMATION  
FOR THEIR REVIEW.

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PLEASE PRINT YOUR NAME HERE

CONDITION	SPOUSE	SON	DAUGHTER	MOTHER	FATHER
ARM PAIN					
ARTHRITIS					
ASTHMA					
ADD/ADHD					
ALLERGIES					
BACK TROUBLE					
BED WETTING					
CANCER					
CARPAL TUNNEL					
DECEASED					
DIABETES					
DIGESTIVE PROBLEMS					
DISC PROBLEMS					
EAR INFECTIONS					
FIBROMYALGIA					
HEADACHES					
HEARTBURN					
HIGH BLOOD PRESSURE					
HIP PAIN					
LEG PAIN					
MENSTRUAL DISORDER					
MIGRAINES					
NECK PAIN					
SCOLIOSIS					
SHOULDER PAIN					
SINUS TROUBLE					
TMJ					

## **INFORMED CONSENT FOR CHIROPRACTIC CARE**

Chiropractic care, like all forms of health care while offering considerable benefits may also provide some level of risk. This level of risk is most often very minimal, yet in rare cases, injury has been associated with Chiropractic care. The types of complications that have been reported secondary to Chiropractic care include: sprain/strain injuries, irritation of disc condition, and rarely, fractures. One of the rarest complications associated with Chiropractic care occurring at a rate between one instance per one million to one per two million vertebral spine (neck) adjustments may be a vertebral injury that could lead to a stroke.

Prior to receiving Chiropractic care in this Chiropractic office, a health history and physical examination will be completed. These procedures are performed to assess your specific conditions, your overall health and in particular your spinal health. These procedures will assist us in determining if Chiropractic care is needed, or if any further examinations or studies are needed. In addition, they will help us determine if there is any reason to modify your care or provide you with a referral to another health care provider. All relevant findings will be reported to you along with a care plan prior to beginning care.

### **THE NATURE AND PURPOSE OF CHIROPRACTIC**

Adjustments are made by chiropractors in order to correct spinal and extremity joint subluxations. One of the most common disturbances to the nerve system is the vertebral subluxation. This condition is where one or more vertebra in the spine is misaligned sufficiently to cause interference and/or irritation to the nerve system. The primary goal in Chiropractic health care is the removal of nerve interference caused by subluxation. The Chiropractic adjustment is the application of a precise, high velocity movement of the spine over a very short distance. There are a number of different methods or techniques by which the Chiropractic adjustment is delivered. Chiropractic adjustments at New Life Chiropractic are typically delivered via a gentle instrument or in some cases, by hand.

### **CONSENT FOR CHIROPRACTIC CARE**

I understand and accept that there are risks associated with Chiropractic care and give consent to the examination that the Doctor deems necessary and the Chiropractic care, including spinal adjustments, as reported following my assessment.

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Patient Signature

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Date

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Witness Signature